

THIS WEEKS DINNER

MONDAY

MENU	VEGETABLES	MEAT&FISH	OTHER

TUESDAY

MENU	VEGETABLES	MEAT&FISH	OTHER

WEDNESDAY

MENU	VEGETABLES	MEAT&FISH	OTHER

THURSDAY

MENU	VEGETABLES	MEAT&FISH	OTHER

FRIDAY

MENU	VEGETABLES	MEAT&FISH	OTHER

SATURDAY

MENU	VEGETABLES	MEAT&FISH	OTHER

SUNDAY

MENU	VEGETABLES	MEAT&FISH	OTHER

MEMO